

## **Concussion in Sports**

### **Training required yearly.**

To remain compliant with the Safety in Youth Sports Act (101 of 2011), coaches must complete a training course on Concussion Management each year prior to coaching athletics. More information found regarding the Safety in Youth Sports Act (101 of 2011) can be found on the Dept. of Health website at:

<https://www.health.pa.gov/topics/school/Pages/Concussion.aspx>

The course which is free can be found on the NFHS website at:

<https://www.health.pa.gov/topics/school/Pages/Concussion.aspx>. Click on "Order Course" and complete the training. When finished, email the certificate to: [submitonly-noreplyathletics@rasd.us](mailto:submitonly-noreplyathletics@rasd.us)

It is critical that any athlete who has any injuries are reported to the Athletic Director, the Athletic Secretary and the school nurse. No athlete will be permitted to participate without proper clearance through the "Section 8" process of the CIPPE form. This is every coach's responsibility.